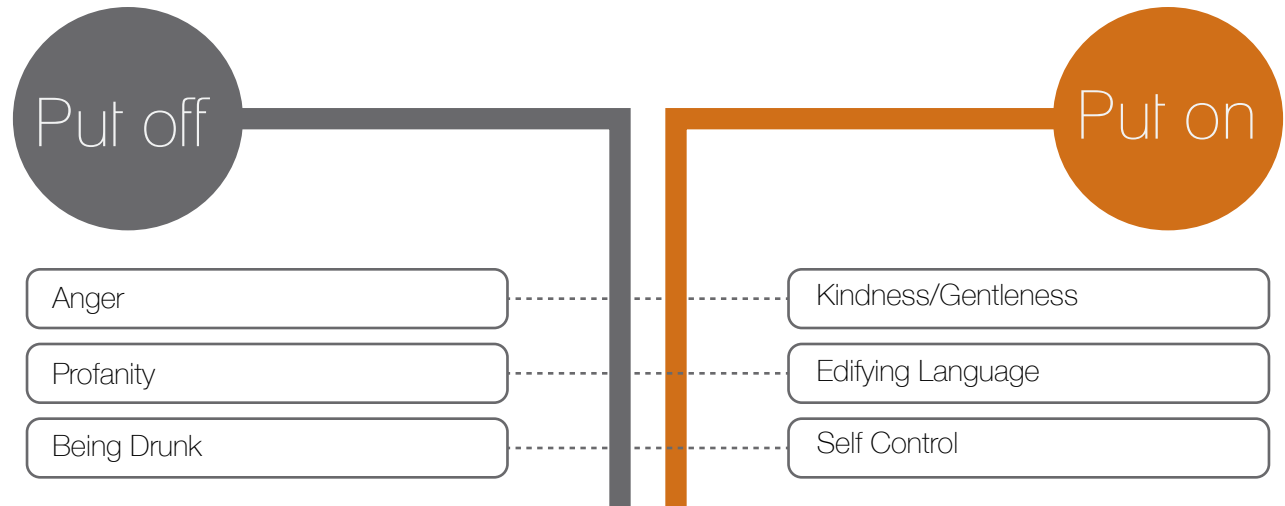


Put off - Put on (Demo)

Below you'll find an example of what it looks like when the sheet is completed. For every person the action steps, and lies will be different, but notice how the actions counteract and the truth is tied to scripture not opinion. These scripture passages should be built into your experience plan as memory verses.



A critical aspect of how we work through this process is the transformation of our minds. Romans 12:2 says it like this, "Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think." Identify the lies that need to be replaced in your life and write out the truth confronting those lies.

Lie		Truth	
1	<u>I need to say what comes to mind. I need to be real with those around.</u>	<u>I need to be slow to speak and quick to listen -</u> <u>James 1:19</u>	1
2	<u>It doesn't really matter, my words don't impact people.</u>	<u>Your tongue is a powerful tool to destroy or edify -</u> <u>Eph. 4:29</u>	2
3	<u>I'm not putting myself in danger by being drunk.</u>	<u>Drunkenness leads to destruction in my life -</u> <u>Eph. 5:18</u>	3